



OUR COMMITMENT AS A HEADS UP FOOTBALL LEAGUE



THE SAFETY OF OUR PLAYERS IS OF UTMOST IMPORTANCE TO US.

By committing to Heads Up Football we are promising our players and parents that coaches on staff are properly trained, certified, and dedicated to making the football experience better and safer for all who walk on the field.

As part of the Heads Up Football program, you can get peace of mind knowing our coaches have been educated on:

/ CONCUSSION RECOGNITION AND RESPONSE

/ HEAT PREPAREDNESS AND HYDRATION

/ SUDDEN CARDIAC ARREST

/ EQUIPMENT FITTING

/ TACKLING

/ BLOCKING

WHAT IS HEADS UP FOOTBALL?

Created by USA Football, Heads Up Football is a comprehensive program developed to advance player safety in football. It provides organizations across the nation the opportunity to train and certify their coaches to create a new standard of the game in their community.

Key features of the program include having a Player Safety Coach on staff (this individual is responsible for ensuring the organizations compliance with Heads Up Football protocols) and coaching certification.

For more information on Heads Up Football, visit www.usafootball.com/headsup.